WHAT'S A NATURAL FACE LIFT AND WILL IT REJUVENATE ME?

THE HOUSE OF VITALITY & MAXINE WARSH FACIAL REJUVENATION

Youthful and vitality go together like health and well-being, and this will become even more obvious as Maxine Warsh Facial Rejuvenation comes to Thornhill's House of Vitality.

Ilana-Sivan-Attali is already well known for her pioneering help to women and family health. Now, she's expanding her practice in acupuncture and as a Traditional Chinese Medicine herbalist to offer cosmetic microcurrent facial rejuvenation and tissue repair to clients in the GTA's northern borders.

This ultra gentle, ultra simple, and anti-aging youth-renewal treatment used to be ultra secret. But with growing interest from baby boomers (of both sexes) in being ultra ageless, it's not so secret anymore. Microcurrent for cosmetic renewal grew from an intention to help patients and reduce atrophy for stroke victims. It's non-surgical, not painful, and works on the same principle as training muscles in the gym to keep us functional and youthful. And it's much more fun than going under the knife.

Once people started asking why MWFR clients looked so fresh and saw the treatment chase away wrinkles and creases to give a plump, tighter feel and look to the skin, they didn't need much persuasion. Clients like that it's tried and tested and has no bruising, down-time, or side effects except improvement. It's also not expensive. A full treatment costs less than a spa weekend and an hourly monthly maintenance visit keeps you feeling and looking your best. The treatment is both preventative and cumulative, so the earlier you start the better, but it's never too late.

With over 2000 treatments on Toronto clients in six years, expanding this first new location to Thornhill to make it more convenient for customers to find seemed a natural move.

What's not to like about looking as vital, bright, and fresh on the outside as on the inside? And for The House of Vitality, it's a natural step to build on a growing reputation as a one-stop caregiver with a special interest and aptitude for women's health. Women experiencing fertility or menopause issues are already helped to achieve optimum hormone balance (which seems to work particularly well if you're trying to get pregnant—even by IVF. Women come here first!). The clinic also offers many other remedies including a fantastic liquid formula to fight the flu, sore throats and virus infections used to treat the whole family.

With the addition of MWFR facial microcurrent and tissue repair, this one-stop health center expects to be busier than ever as people discover how nice it is to combine youthful with vitality and improve their health and well being at the same time.

The House of Vitality.com 416 554 4474
address in Thornhill

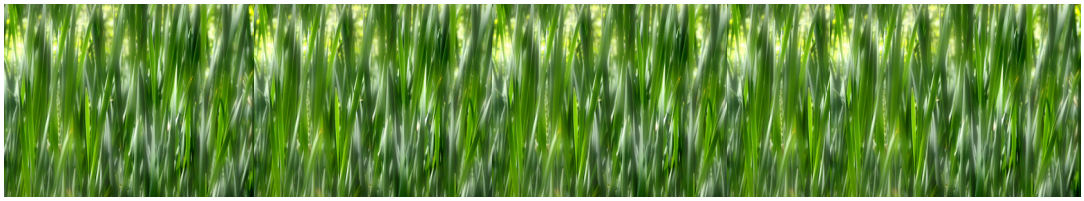
& Maxine Warsh Facial Rejuvenation
305 Sheppard Ave. East 416 221 0668
www.MaxineWarsh.com

Cosmetic microcurrent is for people who want to say no to looking their age as long as possible. This anti-aging treatment is now being made available with a wide range of health and well being services at The House of Vitality. The main location of MWFR is in mid-town Toronto near Bayview. Call for a complimentary consultation.

Women's Health
Acupuncture
Nutrition
Fertility
TCM Herbalist
Facial Rejuvenation

"I like to offer facial rejuvenation on a *Try It, You'll Love It* basis. Clients often like to try skin renewal with my acupuncture or herbal health Introductory Wellness Protocol. How you feel on the inside definitely affects how you look on the outside!"

Ilana



HEALTH ISSUES

This small and very friendly one-stop care center helps clients meet their health issues today and face tomorrow.

Serving a growing clientele in search of good health and well being, The House of Vitality offers a range of wellness services. We use a holistic , multi-dimensional, body/mind/spirit approach.

Treatment at The House of Vitality combines TCM and acupuncture and related modalities to enhance your health with all the means at our disposal, from proven herbal remedies to nutrition to improve both energy and body functions.

LIFT YOUR LIFE, YOUR LOOKS AND YOUR SPIRIT— AND GIVE YOUR SKIN A TREAT

MICROCURRENT for cosmetic renewal is the safe, pleasant, and healthy way to an ageless complexion.

More and more women are making the move to this non-invasive treatment, not only for that plump, toned look to the skin, but for a long-term, naturally improved complexion. Cosmetic microcurrent has no downtime, is non-surgical, not painful or expensive, and increasingly popular with people in the public eye. To look as fabulous as you feel, introduce yourself to The House of Vitality. Try an hour-long anti-aging microcurrent treatment at this special rate.

Schedule your *Try It, You'll Love It!* Rejuvenation Treatment $99

416 554 4474

Combine facial rejuvenation with the Introductory Wellness Protocol to see how good you can look and feel all over.

ASK ABOUT THE WALL OF SMILES OR CHECK HOUSE OF VITALITY ON FACEBOOK TO SEE HAPPY ILANA CLIENTS (& BABIES!) …

Bullrushes by Neeva Kedem; portrait by Ken Davies

Produced by www.kathleendavies.ca